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November 9, 1999

## VIA EXPRESS MAIL

BOX PATENT APPLICATION

Assistant Commissioner for Patents  
Washington, D.C. 20231

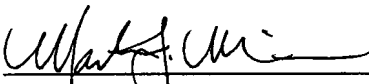
## TRANSMITTAL OF PATENT APPLICATION

Dear Sir:

Transmitted herewith for filing is the patent application of:

Inventor(s): Jack B. Stubbs  
Kevin L. Schwieger  
Title: EXERCISE MONITORING SYSTEM AND METHODS  
Drawings: 12 Sheets  
Papers Enclosed: Specification, 58 Claims and Abstract (Total of 59 Pages);  
Verified Statement Claiming Small Entity Status; and Return  
Receipt Postcard  
Attorney Docket No.: 24278-1

Respectfully submitted,  
DINSMORE & SHOHL LLP

By   
Martin J. Miller  
Registration No. 35,953

## CERTIFICATE OF EXPRESS MAIL

"Express Mail" mailing label number: EL 441565630US

Date of Deposit: November 9, 1999

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